

Brackenburn Clinic Referral Protocol (Regional Gender Identity & Psychosexual Service)

Inclusion Criteria

- Age 18 or over
- Ordinarily resident within Northern Ireland and eligible for treatment
- Clinically significant psychosexual/gender identity disorder suitable for intervention
- Capacity to engage with an appropriate psychological therapy for focussed work
- Referral usually accepted from GP, consultants within NHS service, specialist nurses or clinical psychologists. All other agencies should make approaches to the service through the patient's GP given their important role in coordination and referral screening.
- Referral from CAMHS where patients with gender identity disorder are about to reach age
- Patients need to be relatively stable from a psychological, physical and social perspective for a period of 6 months in order that they are best placed to make use of the treatment programmes offered. If they are linked in with other statutory services then feedback is required from them to confirm this is the case.

Exclusion Criteria

- Age of patient is under 18
- Referral solely for relationship work with couples
- Sexual dysfunction is likely to be secondary to abuse of alcohol and/or drugs
- Patient is on medication which is known to interfere with normal sexual function
- Patient has recently received appropriate therapeutic intervention from the team
And further intervention at the time of the referral is unlikely to offer additional benefit
- There is insufficient information available to make an informed clinical decision as to the suitability of the patient for this service
- There is an indication of an organic cause but no physical investigations have been instigated at the point of referral
- There is significant risk of sexual offending, whether or not this is adjudicated
- Use of or addiction to pornography or sex addiction
- Patients who have suffered from childhood sexual abuse; unless there is a co-existing sexual dysfunction
- Patients who have concerns about their sexual orientation with no co-existing sexual dysfunction

For more information contact:

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